

# Glomerulonephritis: immunopathogenesis and immunotherapy

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## Abstract

‘Glomerulonephritis’ (GN) is a term used to describe a group of heterogeneous immune-mediated disorders characterized by inflammation of the filtration units of the kidney (the glomeruli). These disorders are currently classified largely on the basis of histopathological lesion patterns, but these patterns do not align well with their diverse pathological mechanisms and hence do not inform optimal therapy. Instead, we propose grouping GN disorders into five categories according to their immunopathogenesis: infection-related GN, autoimmune GN, alloimmune GN, autoinflammatory GN and monoclonal gammopathy-related GN. This categorization can inform the appropriate treatment; for example, infection control for infection-related GN, suppression of adaptive immunity for autoimmune GN and alloimmune GN, inhibition of single cytokines or complement factors for autoinflammatory GN arising from inborn errors in innate immunity, and plasma cell clone-directed or B cell clone-directed therapy for monoclonal gammopathies. Here we present the immunopathogenesis of GN and immunotherapies in use and in development and discuss how an immunopathogenesis-based GN classification can focus research, and improve patient management and teaching.

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## Introduction

Glomerulonephritis (GN) describes a variety of relatively rare immune-mediated diseases characterized by damage to the glomerular compartment of the nephrons of the kidney<sup>1</sup>. If not properly treated, acute GN can lead to chronic kidney disease and irreversible kidney failure<sup>2,3</sup>, with patients requiring kidney replacement therapy (dialysis or kidney transplantation). Data from a US Medicare cohort (with average age of 75 years) indicated that up to 1.2% of individuals are affected by GN<sup>4</sup>. Moreover, GN accounts for 18.7% of Germans with chronic kidney disease and 30–36% of end-stage kidney disease in US children and adolescents<sup>5,6</sup>. In addition, GN is more prevalent and may be more severe in certain ethnic groups, such as African American, Hispanic, Asian, and Australian and Canadian First Nations populations.

Traditionally, GN has been classified by histopathological lesion patterns. However, the growing understanding of immunopathogenesis of the wide spectrum of GN and the increasing numbers of immunomodulatory drugs require a categorization that better connects with effective treatments. Here we propose a new classification for GN, present the latest insights on their respective immunopathogenesis and discuss how these imply specific immunotherapies.

## Key features of glomerular anatomy and function

The glomerular filtration barrier is responsible for creating an ultrafiltrate of water and low molecular weight solutes, while retaining most high molecular weight proteins and blood cells within the vasculature<sup>7</sup>. The glomerular microvasculature is particularly vulnerable to immune-mediated injury because the filtration process involves delicate anatomical structures that are exposed to substantial shear stress and perfusion pressure. Highly specialized glomerular endothelial cells build a size- and charge-dependent barrier to serum proteins, while in a similar manner the glomerular basement membrane (GBM) itself is also highly specialized. The outer aspect of the filter membrane harbours postmitotic epithelial cells with octopus-like primary, secondary and interdigitating tertiary foot processes, cells known as podocytes<sup>8</sup> (Fig. 1). A zipper-like slit membrane between these foot processes comprising nephrin and other podocyte proteins forms the ultimate barrier to small serum proteins<sup>9</sup>. The glomerular tuft is surrounded by parietal epithelial cells along the Bowman capsule, which directs the ultrafiltrate towards the draining tubule. Immune-mediated injury to any of these structures can cause loss of serum proteins into the urine or even stop filtration, the key function of the kidney needed to maintain internal homeostasis<sup>10</sup>.

Infectious organisms, their immunostimulatory or toxic components, immunoglobulins activating complement, spontaneous activation of the complement system, neutrophil extracellular traps (NETs), infiltrating myeloid cells, helper or cytotoxic T cells and other innate and adaptive immune effectors can cause glomerular injury, detectable as leakage of albumin or other serum proteins, erythrocytes and leukocytes into the urine<sup>1</sup>. Depending on the acuity of the immune process, GN presents as a chronic, a subacute or even a peracute illness<sup>1</sup>. For example, certain infectious or autoimmune stimuli can lead to massive activation of complement or NET release inside glomeruli, causing diffuse capillary loop necrosis and necroinflammation and impairing glomerular filtration, leading to a rapid decline in the excretory function of the kidneys<sup>11,12</sup>. Because the filtration process occurs under high perfusion pressure across a delicate barrier, serum proteins can be easily trapped within the mesangium or along the GBM. Diabetes mellitus, obesity, a high-salt diet and hypertension further increase filtration pressure and accelerate glomerular injury (glomerular barotrauma) and promote barrier dysfunction even in less severe inflammatory states<sup>13</sup>. Finally, leukocytes

pass through tight glomerular capillaries at a higher pressure and flow velocity compared with other capillary beds, which promotes the release of NETs<sup>14</sup> followed by focal capillary necrosis in the glomerulus<sup>10,14</sup>.

## Clinical presentation and diagnosis of GN

Acute GN most frequently presents with high blood pressure (hypertension), proteinuria (excessive protein in the urine) and haematuria (blood in the urine), whereas GN with predominant podocyte injury causes nephrotic syndrome presenting with a massive proteinuria causing leg oedema (Box 1). In general, proteinuria with a predominant component of albumin indicates podocyte injury, whereas haematuria implies ruptures of the GBM. As these unspecific clinical signs rarely allow a precise diagnosis of the GN subtype, only kidney biopsy can confirm GN, and histopathological lesion patterns visualized by immunostaining for immunoglobulin and complement components are used to define GN subcategories<sup>15,16</sup>.

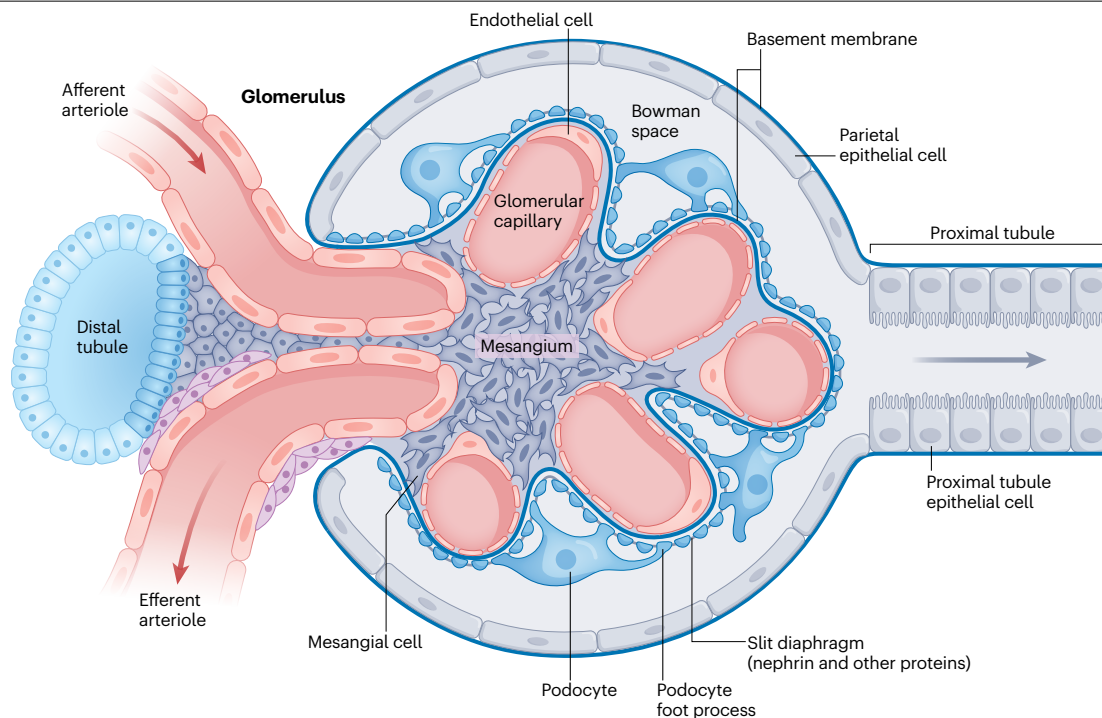
## Lesion patterns and histological signs

A diagnostic kidney biopsy can distinguish GN from other kidney disorders and define the injured glomerular compartment. This has led to descriptive terms such as ‘mesangioproliferative glomerulonephritis’, ‘membranoproliferative glomerulonephritis’, ‘membranous glomerulonephritis’, ‘crescentic glomerulonephritis’, ‘minimal change disease’ and ‘focal segmental glomerulosclerosis’ (Table 1 and Fig. 2). Histological signs of immunological activity, such as the presence of deposits of complement factors and immune complexes, their isotypes and their clonality, as well as ultrastructural changes observed with electron microscopy, provide further clues to the underlying cause of GN. For example, expansion of the cisternae of the endoplasmic reticulum, named ‘tubuloreticular structures’, in glomerular cells is considered an ultrastructural hallmark of type I interferon signalling, although the molecular mechanisms remain unknown<sup>17</sup>. However, lesion patterns such as immune complex GN, complement factor C3 GN (C3GN) and pauci-immune GN are nonspecific regarding the underlying pathophysiology. Frequently, additional immunophenotyping is needed to precisely define the type of GN (Box 1).

Kidney biopsy also allows active and potentially reversible lesions to be distinguished from inactive disease or chronic and irreversible lesions (Table 1), and this informs immunotherapy. Active lesions include intravascular neutrophil karyorrhexis or NETosis, immunothrombosis and fibrin deposition, endothelial and mesangial cell proliferation, glomerular leukocytic infiltrates, vascular loop necrosis, cellular crescents (that is, massive hyperplasia of parietal epithelial cells in the Bowman space obstructing glomerular outflow)<sup>10</sup> and periglomerular lymphocyte infiltrates<sup>18</sup>. Glomerular deposits of IgM, IgG, C1q, C3c and C4d or a combination of these support complement activation. Only GN with such evidence of immunological activity may benefit from immunotherapy. By contrast, any fibrous transformation of glomerular structures and atrophy of kidney tubules or fibrosis within the interstitium indicate irreversible loss of kidney parenchyma. However, pathology lesion-based GN categories often do not dissect the diversity of underlying immunological disorders, which require different treatments<sup>19–21</sup>; hence, treatment of lesion-based GN categories results in many ‘non-responders’<sup>22</sup>.

## Pathophysiology-based classification

With use of modern immunophenotyping, it is possible to define five major GN categories that connect directly with their respective immunotherapies (Table 2). The first category is GN due to infection, which involves glomerular injury via humoral and cellular mechanisms of



**Fig. 1 | Anatomy of the glomerulus.** The glomerulus is the blood-filtering unit of the kidney. Each glomerulus drains the filtrate into its own tubule, and the glomerulus and its tubules together constitute the functional unit of the kidney, the nephron. The vascular part of each glomerulus includes an afferent arteriole, an efferent arteriole and a capillary network inside the glomerulus, where the filtration occurs under conditions of high perfusion pressure and shear stress. The capillary network is held together by mesenchymal cells, known as mesangial cells, and a matrix, which regulate capillary tension. Parts of the glomerular filtrate pass through the mesangium; hence, circulating antigens and immunoglobulins can get trapped there. Glomerular capillaries are characterized by a fenestrated endothelium covered with glycocalyx

and attached to the glomerular basement membrane. At the outer aspect of the glomerular capillaries, podocytes attach to the glomerular basement membrane. Podocytes are specialized epithelial cells with neuron-like primary and secondary foot processes interdigitated with the respective secondary foot processes of neighbouring podocytes. Between podocyte foot processes is the slit diaphragm, which covers a large area of the filtration barrier and is essential for preventing the passage of serum proteins such as albumin into the filtrate. Water, ions and other small solutes cross the filtration barrier through pores in the slit diaphragm. Inflammatory processes in the glomerulus typically alter the barrier function and cause leakage of serum proteins and frequently also of intact blood cells into the urine.

host defence. This category of GN responds to infection control with antibiotics or antivirals. The second category is autoimmune GN, which involves adaptive immune responses directed against distinct autoantigens, and thus therapeutic targets involve suppression of autoantigen presentation and clones of autoreactive lymphocytes. Third, alloimmune GN can occur in the context of kidney transplantation and requires suppression of donor-specific immunity. Fourth, autoinflammatory GN originates from inborn errors of innate immunity and responds to inhibitors of single cytokines or complement factors. Finally, monoclonal gammopathy-related GN involves direct glomerular deposition of monoclonal immunoglobulins and requires therapies directed against the pathogenic plasma cell clone or B cell clone. Here we discuss recent developments in immunophenotyping, immune mechanisms of glomerular injury, and recent and upcoming immunotherapies for each of these GN subtypes.

## Infection-related GN

### Risk factors and epidemiology

Infection-related GN is caused by an immune response to pathogens (Table 3). For example, poststreptococcal GN, which occurs following infection with group A streptococci, has an estimated 470,000 new annual

cases worldwide, mostly in low-income and middle-income countries owing to social factors and the absence of early antibiotic treatment<sup>23,24</sup>. GN affects 30% of patients with endocarditis (a rare and potentially fatal infection of the inner lining of the heart)<sup>25</sup> and 0.7–2% of patients with infected ventriculoatrial shunts<sup>25,26</sup>. HIV-associated nephropathy is more common in individuals of sub-Saharan descent due in part to the high prevalence of apolipoprotein L1 (APO1) risk alleles in this population<sup>27,28</sup>. GN occurs in more than 50% of patients with hepatitis C virus (HCV) infection<sup>29</sup>. GN due to hepatitis B virus (HBV) infection is common in HBV-endemic areas but has become rare in HBV-vaccinated populations<sup>30</sup>. Like other helminthic diseases, schistosomiasis can cause GN<sup>31,32</sup>. Limited data exist in developing countries, but in sub-Saharan Africa, eosinophil-mediated glomerular injury is common in children, likely due to the infections prevalent in this region<sup>33</sup>. Indeed, Epstein–Barr virus (EBV), parvovirus B19, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), syphilis, tuberculosis and malaria have all been linked to the development of GN<sup>34</sup>.

### In situ immune complex formation

Poststreptococcal GN occurs after an acute infection with certain nephrogenic strains of group A  $\beta$ -haemolytic streptococci, because their antigens can attach to glomerular endothelial cells<sup>24</sup>. IgG, IgM

## Box 1

### Immunophenotyping for the classification of patients with glomerulonephritis

- Clinical signs and symptoms of glomerular injury: impaired glomerular barrier function (proteinuria and haematuria); impaired excretory kidney function indicated by hypertension, oedema (both related to salt and water retention) or increased levels of metabolites, such as creatinine and urea, in the blood.
- Clinical context: history of extrarenal manifestations of infections, autoimmune disease, transplantation, autoinflammatory disorders or multiple myeloma.
- Blood tests to detect leukopenia, acute phase proteins, immunoglobulin levels, complementopenia, autoantibodies, alloantibodies, antivaccine titres, HLA type, free light chains, monoclonal gammopathy or pathogen-related changes.
- Microbiology tests: blood pathogen microscopy, blood cultures, swabs, catheter or implant cultures, tissue aspirates or biopsies.
- Kidney biopsy: immunofluorescence for immunoglobulins,  $\kappa/\lambda$  idiotypes, complement factors, standard stains (periodic acid–Schiff, hematoxylin–eosin and silver stains), immunostaining for pathogens and electron microscopy.
- Genetic testing: panel sequencing for cytokine, interferon and complement pathways (autoinflammation), Sanger sequencing for collagens, apolipoprotein L1 (APOL1) risk alleles (glomerulosclerosis), whole-exome sequencing (primary immunodeficiencies).
- Miscellaneous examinations: imaging studies (kidney, origin of infections or multiple myeloma), bone marrow aspirate, immune cell flow cytometry and B cell sequencing for clonal analysis.

and sometimes IgA bind to streptococcal antigens trapped in glomeruli, and the in situ formation of immune complexes triggers endothelial damage by activating the classical complement pathway. However, chemokine-binding evasins secreted by streptococci and other proteins of the bacterial surface suppress activation of the classical complement pathway<sup>35</sup>. The leading candidate antigens are nephritis-associated plasmin receptor (NAP1r; identified as glyceraldehyde 3-phosphate dehydrogenase) and streptococcal pyrogenic exotoxin B (SpeB; a cationic cysteine proteinase)<sup>36</sup>. These antigens also induce the release of IL-6, tumour necrosis factor (TNF), IL-8 and transforming growth factor- $\beta$  from peripheral blood leukocytes, promoting glomerular inflammation<sup>36</sup>. NAP1r activates C3, and SpeB evades innate host defence by degrading lytic complement factors<sup>35–37</sup>. Both induce adhesion molecule expression, increase leukocyte recruitment and directly activate the alternative complement pathway. The alternative complement pathway may also be activated by transiently produced autoantibodies targeting factor B, a regulator of the alternative complement pathway<sup>38</sup>. Sometimes, infections also induce a transient production of antineutrophil cytoplasmic antibodies (ANCAs), antinuclear

antibodies or cryoglobulins<sup>24</sup> as an additional autoimmune component to infection-related GN.

#### Deposition of circulating immune complexes

The most important mechanism precipitating kidney injury during active infection involves the deposition of circulating immune complexes, as observed in endocarditis, skin ulcers and cellulitis, osteomyelitis, pneumonia, visceral abscess and urinary tract infection<sup>39</sup>, a process that implies persistent presence of antigens in the blood<sup>40</sup>. Indeed, impaired clearance of pathogens in patients with primary or secondary immunodeficiencies may contribute to their enhanced susceptibility to infection-related GN and the deposition of pathogen antigens in the glomeruli. Antigens can also persist in the blood in infections with pathogens that integrate into the host genome, such as HCV, HIV, EBV, intracellular *Staphylococcus aureus* or *Mycobacterium tuberculosis*, leading to deposition of antigen–antibody immune complexes in the glomeruli. Similarly, parasites that encode strategies of immune evasion, such as members of the genus *Schistosoma*, which cover themselves with host proteins, can persist in the blood. Some body compartments are difficult to reach for immune effectors or antibiotics, including biofilms on implants, heart valves or bones, allowing pathogens to escape elimination and establish chronic infection.

#### Direct cytotoxic effects of pathogens

Some pathogens have direct effects on kidney cells, precipitating glomerular filtration barrier impairments (Fig. 3). HIV, EBV, arbovirus, parvovirus B19 or SARS-CoV-2 can infect and injure glomerular epithelial cells<sup>41–43</sup>. Moreover, viral nucleic acids promote intraglomerular production of type I interferons leading to podocyte detachment or death, reduced production of podocyte-derived vascular endothelial growth factor needed for maintaining glomerular endothelial cells and collapse of glomerular capillaries<sup>8,44</sup>. Podocyte loss is associated with proteinuria and irreversible glomerulosclerosis<sup>45</sup>. Type I interferons induce podocyte death by catastrophic mitosis and block the differentiation of local podocyte progenitors into new podocytes<sup>17,46,47</sup>. By contrast, activation of immature progenitors among the parietal epithelial cells can result in the formation of hyperplastic lesions that obliterate the Bowman space and block glomerular filtration loss<sup>48</sup>.

Podocyte loss in viral infections also relates to their ability to promote the release of type I interferons through activation of the NLR family pyrin domain-containing protein 3 (NLRP3) inflammasome and the cytosolic nucleotide sensor stimulator of interferon genes (STING). This pathway is confounded by the presence of *APOL1* risk kidney alleles<sup>27</sup>, which have been selected in individuals of sub-Saharan ancestry, including 30% of African Americans, as they confer protection against *Trypanosoma brucei* rhodesiense infection (sleeping sickness)<sup>27</sup>. However, they predispose to progressive disease in a variety of glomerular diseases<sup>27</sup>. Expression of high-risk *APOL1* genotypes, called 'G1' and 'G2', induces activation of STING, leading to the production of type I interferons, with consequent podocyte loss. High-risk *APOL1* alleles also activate the NLRP3 inflammasome, with consequent release of IL-1 $\beta$ <sup>49</sup> that promotes the death of podocytes by pyroptosis<sup>50</sup>. In turn, *APOL1* expression itself is upregulated by type I interferons and this further enhances podocyte loss<sup>8</sup>, in an autoactivation loop<sup>21,50</sup>. This may explain why *Schistosoma* infection-related GN progresses quickly to kidney failure in *APOL1* carriers or in patients co-infected with HIV, HCV or HBV<sup>8</sup>. Type I interferons, IL-1 $\beta$ , IL-6 and TNF induced by SARS-CoV-2 trigger the expression of pathogenic *APOL1* via JAK–STAT signalling, resulting in podocyte loss and COVID-19-associated nephropathy<sup>51</sup>.

## Targets for immunotherapy

Prevention or treatment of infection-related GN has focused on addressing the underlying infection with antivirals or antibiotics and/or by removing an infected device<sup>52</sup>. For example, combination antiretroviral therapy has greatly reduced the incidence of HIV-associated nephropathy<sup>53</sup>. Similarly, treatment of HCV infection has largely abolished HCV-related GN<sup>54</sup>. By contrast, the benefit of corticosteroids or other immunosuppressive drugs to limit irreversible damage in infection-related GN remains uncertain<sup>55</sup>. A recent randomized controlled trial of corticosteroid treatment showed no significant increase in kidney recovery rates in infection-related GN and was associated with a sixfold increase in adverse events<sup>56</sup>. Targeted therapies with the potential to interrupt the interferon–APOL1 loop are now being explored in carriers of high-risk *APOL1* alleles. A preliminary communication on a phase II clinical trial reported that treatment with the APOL1 inhibitor inaxaplin (NCT05312879) reduced the degree of proteinuria in 47.6% of patients with diverse proteinuric kidney diseases and was well tolerated. A JAK/STAT inhibitor, baricitinib, is also being explored in a phase II clinical trial (NCT05237388) for the treatment of patients with APOL1-mediated glomerular disorders<sup>51</sup>.

## Autoimmune GN

Autoimmune GN is characterized by an adaptive immune response directed against a series of different self-antigens (Table 3), some of which exclusively localize to the kidney (podocyte antigens and GBM antigens), whereas others are expressed systemically, such as IgA (IgA nephropathy), IgG (cryoglobulinaemic GN), neutrophil antigens (ANCA GN) and chromatin components (lupus nephritis), and often lead to extrarenal manifestations. Circulating extrarenal antigens can cause GN upon entrapment in the filtration barrier. Finally, autoantibodies to complement factors can induce GN by inducing unnecessary complement activation. Autoimmune GN associated with high levels

of nephritogenic autoantibodies produces active lesions followed by immediate atrophy and scarring (necrotizing and crescentic GN), whereas low antibody titres and a low nephritogenic potential produce less active lesions and result in chronic and smouldering GN with damage accruing over longer periods.

## Risk factors and epidemiology

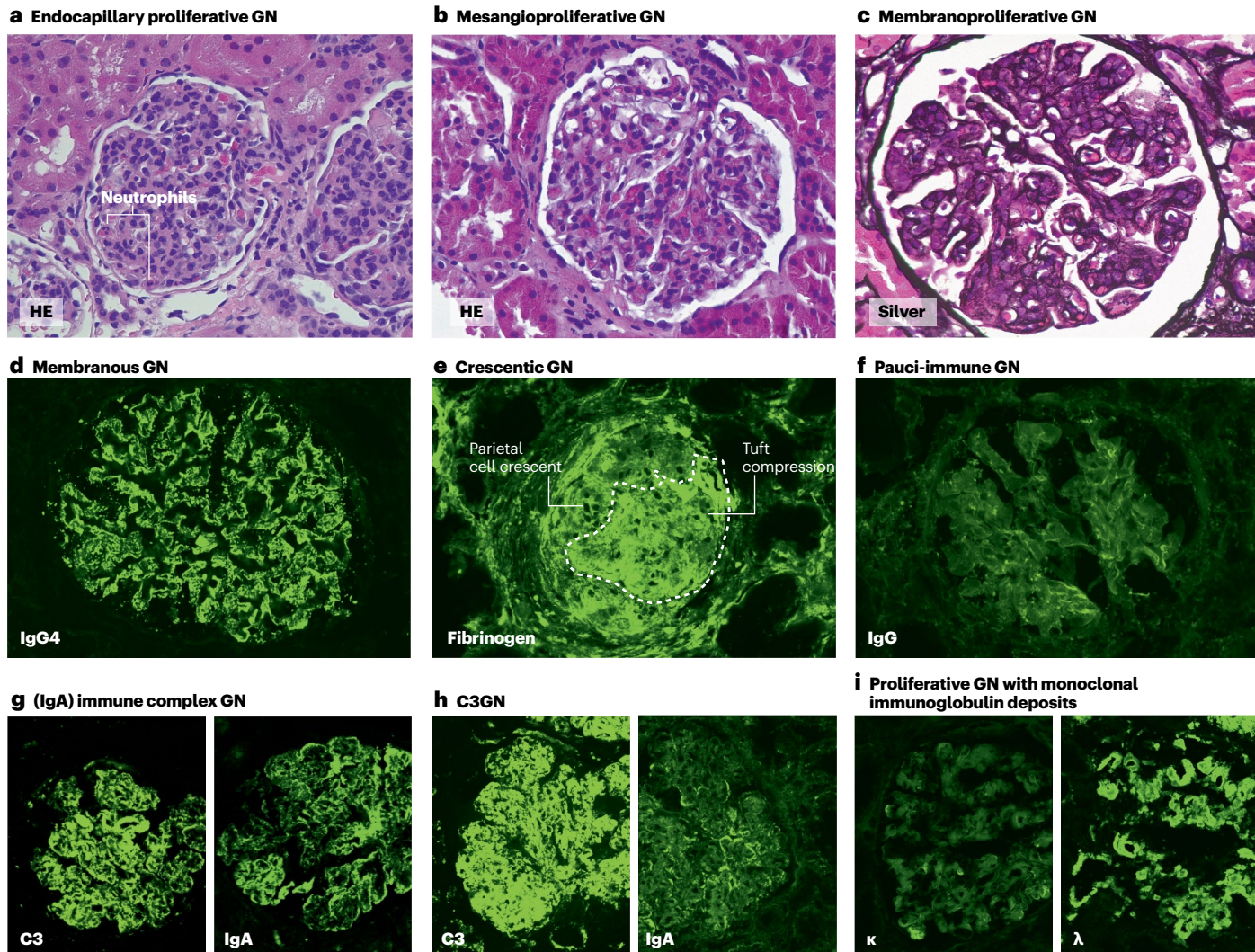
The exact prevalence of autoimmune GN is unclear, but collectively the different subtypes account for a significant proportion of all GN. Autoantibodies directed against IgA cause IgA nephropathy, the most prevalent autoimmune GN, especially in Asia. Its autoimmune nature is most obvious when presenting as an acute small vessel vasculitis with IgA deposits affecting the skin, intestinal tract, joints and kidneys. GN involving ANCA, anti-podocyte antibodies or anti-chromatin antibodies is also relatively common<sup>57–59</sup> (Table 3). The higher prevalence and disease severity of IgA nephropathy in Asia or of lupus nephritis in people of African descent may be explained by gene variants that affect checkpoints of immune tolerance, including monogenic primary immunodeficiencies<sup>60</sup> or variants in HLA-DRB1, HLA-DQA1, HLA-DQB1 and Fc receptors<sup>61,62</sup>. Alternatively, it has been proposed that somatic mutation-driven expansion of autoreactive B cell clones resembling features of clonal haematopoiesis may explain the pathogenesis of autoimmune GN<sup>63,64</sup>. Somatic mutations may allow proliferating self-reactive lymphocytes to bypass regulatory checkpoints and to account for a high percentage of the overall lymphocyte population<sup>64,65</sup>. However, this recent concept awaits exploration in the context of autoimmune GN.

## Immunopathogenesis

In all autoimmune GN disorders, the central pathogenic elements are loss of tolerance and an adaptive immune response to a self-antigen (Fig. 3). The reasons for loss of tolerance differ, and are usually difficult

**Table 1 | Interpretation of histopathological lesion patterns of glomerulonephritis**

Lesion pattern	Main structure injured	Immunological activity	Chronicity
Collapsing focal segmental glomerulosclerosis	Podocytes	High	Acute
Focal segmental glomerulosclerosis	Podocytes	Low	Subacute
Membranous glomerulonephritis	Podocytes	Intermediate	Chronic
Minimal change disease	Podocyte slit	Variable	Acute
Mesangiolytic	Mesangial cells	High	Acute
Membranoproliferative glomerulonephritis	Mesangial cells, podocytes	Intermediate	Acute
Mesangioproliferative glomerulonephritis	Mesangial cells	Variable	Variable
Thrombotic microangiopathy	Endothelial cells	High	Variable
Necrotizing glomerulonephritis	Endothelial cells	Intermediate	Acute
Endocapillary glomerulonephritis	Endothelial cells	Low to intermediate	Acute
Small vessel vasculitis	Arterioles, venules	High	Variable
Vascular hyalinosis	Arterioles, venules	–	Subacute
Crescentic glomerulonephritis (cellular)	Glomerular basement membrane	High	Acute
Crescentic glomerulonephritis (fibrous)	Glomerular basement membrane	Variable	Chronic
Global glomerulosclerosis	All structures	Low	Chronic
Tubular atrophy	Tubules	Low	Chronic
Interstitial fibrosis	Peritubular vessels	Low	Chronic



**Fig. 2 | Histopathological lesion patterns common in glomerulonephritis.** Common histopathological lesion patterns characteristic of glomerulonephritis (GN) are shown; for example, endocapillary lesions (part **a**), mesangioproliferative lesions (part **b**) and membranoproliferative lesions (part **c**). Immunostaining is routinely performed as one element of immunophenotyping and shows, for example, granular IgG4 positivity along the filtration barrier in a membranous GN (part **d**), diffuse fibrinogen positivity in necrotizing and crescentic GN (part **e**) and

a relative lack of immunoglobulins and complement deposition in pauci-immune GN (part **f**). Mesangial IgA positivity is typical of IgA nephropathy (part **g**) and complement factor C3 positivity in absence of IgG deposits defines complement factor C3 GN (C3GN) (part **h**). Staining for  $\kappa$  and  $\lambda$  immunoglobulin chains (part **i**) helps to distinguish monotypic and polytypic immune deposits. For example, monotypic  $\lambda$  deposits occur in proliferative GN with monoclonal immunoglobulin deposits. HE, hematoxylin–eosin.

to determine. Primary immunodeficiencies and impaired regulatory T cell function are rarely clinically obvious<sup>65</sup>. Despite the shared involvement of innate and adaptive immunity, the nature and distribution of the self-antigen within and outside the kidney explains the spectrum of different subtypes of autoimmune GN. For example, loss of tolerance to IgA or IgG can cause IgA vasculitis (Henoch–Schönlein purpura) or cryoglobulinaemic vasculitis, respectively, with highly active polyclonal immune complex GN as a typical classical lesion pattern<sup>66–68</sup>. For reasons still unknown, some individuals release hypoglycosylated IgA from intestinal B cell reservoirs into the blood, where it is handled as an autoantigen, resulting in circulating anti-IgA–IgG immune complexes and IgA nephropathy<sup>66</sup>.

Another form of autoimmune GN involving ubiquitous antigens is lupus nephritis, as commonly occurs in patients with systemic lupus erythematosus, and is characterized by loss of tolerance to chromatin components and other ubiquitous self-antigens<sup>69</sup>. The various lesion patterns involve polytypic deposits of IgA, IgM, IgG and complement factors C1q and C3, indicating involvement of the classical complement pathway<sup>70</sup>. Autoimmune vasculitis characterized by ANCA, specific for the neutrophil antigen myeloperoxidase or proteinase 3, frequently results in severe GN. ANCA bind to and prime neutrophils<sup>71,72</sup>. When migrating through the high shear stress glomerular capillary network, neutrophils degranulate and release NETs, which induces complement-driven microvascular endothelial injury<sup>12,58,73</sup>.

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Moreover, the C5 cleavage product C5a acts as an anaphylatoxin in ANCA GN and drives local neutrophil recruitment and inflammation<sup>72</sup>; hence, C5aR blockade is efficacious in active ANCA GN<sup>74</sup>. Despite its autoimmune nature, ANCA GN is misleadingly described as pauci-immune due to minimal antibody and complement deposition in the glomerulus upon standard kidney biopsy assessment<sup>58,75</sup>.

C3GN, a GN lesion pattern defined by complement deposits without concomitant immunoglobulin deposits, can be categorized as autoimmune in the presence of circulating autoantibodies known as nephritic factors to C3, C5 or factors B and H that lower the physiological threshold for activation of the alternative complement pathway, leading to complement-mediated glomerular injury<sup>76–78</sup>. Autoimmune C3GN, involving all elements of the adaptive immune system in the

production of the causative nephritogenic autoantibody within secondary lymphoid organs, is distinguishable from autoinflammatory C3GN that lacks any involvement of the adaptive immune system and from monoclonal gammopathy-related C3GN caused by an aberrant plasma cell clone or B cell clone in the bone marrow.

Autoimmune GN involving high-affinity antibodies to the non-collagenous domain of the  $\alpha 3$  chain of type IV collagen ( $\alpha 3(\text{IV})\text{NC1}$ ) presents as rapidly progressive GN with or without pulmonary manifestations (historically known as Goodpasture syndrome), due to the restricted expression of  $\alpha 3(\text{IV})$  in the GBM and the alveolar basement membrane<sup>79</sup>. However, anti- $\alpha 3(\text{IV})\text{NC1}$  antibodies can recognize  $\alpha 3(\text{IV})\text{NC1}$  within structural collagen networks only upon dysfunction of peroxidase, a unique extracellular peroxidase that catalyses the formation

**Table 2 | Proposed classification of glomerulonephritis**

GN category	Infection-related GN	Autoimmune GN	Alloimmune GN	Autoinflammatory GN	Monoclonal gammopathy-related GN
Pathogenesis	Innate and adaptive host defence with or without molecular mimicry	Adaptive immune response to autoantigens	Adaptive immune response to donor antigens	Inborn errors of innate immunity	Paraprotein-releasing B cell clone or plasma cell clone
Therapy	Infection control	Transient or persistent suppression of adaptive immune response	Persistent suppression of adaptive immune response	Inhibition of specific cytokines or complement factors	Clone-directed therapy
<b>Immunophenotyping</b>					
Kidney biopsy immunostaining for immunoglobulin or light chains	Polytypic deposits	Polytypic deposits	Polytypic deposits	No deposits or polytypic deposits	Monotypic deposits
Kidney biopsy immunostaining for complement factors	C1q, C3c, C4d, C5b, C6, C7, C8, C9	C1q, C3c, C4d, C5b, C6, C7, C8, C9	C1q, C3c, C4d, C5b, C6, C7, C8, C9	Variable	Variable
Kidney biopsy immunostaining for specific autoantigens		IgA, IgG, PLA2R, TSHD7A, NELL1, HTRA1, PCDH7, netrin G1, semaphorin 3B	FAT1 (stem cell transplantation)		
Other tests	Identification of pathogen	Specific serum autoantibody	Donor-specific antibodies	Genetic testing	Serum monoclonal immunoglobulin, free light chain
<b>Histology lesion pattern</b>					
Collapsing GN	✓	✓	–	–	–
Crescentic GN	✓	✓	✓	✓	✓
Necrotizing GN	✓	✓	–	–	–
Endocapillary GN	✓	✓	✓	✓	✓
Minimal change	✓	✓	✓	–	✓
Mesangioproliferative GN	✓	✓	✓	✓	✓
Pauci-immune GN	–	✓	–	–	–
Nodular glomerulosclerosis	–	–	–	–	✓
Focal glomerulosclerosis	✓	✓	✓	✓	✓
Membranous GN	✓	✓	✓	–	✓
C3GN	–	✓	–	✓	✓
Membranoproliferative GN	✓	✓	✓	✓	✓
Thrombotic microangiopathy	✓	✓	✓	✓	✓

C3GN, complement factor C3 glomerulonephritis; GN, glomerulonephritis; HTRA1, human high temperature requirement A1; NELL1, NEL-like protein 1; PCDH7, protocadherin 7; PLA2R, phospholipase A2 receptor; TSHD7A, thrombospondin type 1 domain-containing protein 7A.

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**Table 3 | Categories of glomerulonephritis and examples of their subtypes**

GN subtype	Underlying cause	Pathological mechanism	Kidney biopsy lesion pattern
<b>Infection-related GN</b>			
Bacterium-associated GN	Staphylococci: implant infections, abscesses Streptococci: tonsillitis, erysipelas Mycobacteria: tuberculosis	Deposition of circulating immune complexes, molecular mimicry	C4d <sup>+</sup> immune complex GN, podocytopathy
Virus-associated GN	HIV: AIDS EBV: mononucleosis HBV, HCV: viral hepatitis SARS-CoV-2: COVID-19	Deposition of circulating immune complexes, molecular mimicry	C4d <sup>+</sup> immune complex GN, podocytopathy
Parasite-associated GN	Plasmodia: malaria	Deposition of circulating immune complexes	C4d <sup>+</sup> immune complex GN, podocytopathy
<b>Autoimmune GN</b>			
IgA nephropathy	Anti-Gd IgA1	Mesangial IgA and C3 deposits	Diverse, immune complex GN
Cryoglobulinaemia	Cryoglobulins, RF	Luminal IgG deposits	Diverse, immune complex GN
ANCA vasculitis (GPA) ANCA vasculitis (MPA)	Cytoplasmic ANCAs, anti-PR3 Perinuclear ANCAs, anti-MPO	ANCA-mediated priming of neutrophils to undergo NETosis, complement-mediated inflammation	Pauci-immune GN (crescentic GN)
C3GN	Anti-C3, anti-C4, anti-C5, anti-factor B, anti-factor H	Granular C3 deposits	Diverse, C3GN
Lupus nephritis	Anti-dsDNA, anti-histone	Full house: IgA, IgG, IgM and C3 deposits	Diverse, immune complex GN
Anti-GBM disease	Anti-type IV collagen $\alpha$ 3 chain	Linear IgG and/or C3 deposits	Crescentic GN
Steroid-sensitive nephrotic syndrome	Anti-nephrin	IgG dusting at podocyte slit	Minimal changes, FSGS, membranous GN
Primary membranous GN	Anti-PLA2R, anti-TSHD7A, anti-semaphorin 3B, anti-PCDH7, anti-HTRA1, anti-contactin 1, anti-netrin G1, anti-NELL1	Granular IgG4, IgG1, IgG3 or C3 deposits	Membranous GN
<b>Alloimmune GN</b>			
Transplant glomerulopathy	Transplantation of cells or organ from a donor	Alloimmunity to donor antigens	Diverse
<b>Autoinflammatory GN</b>			
Familial Mediterranean fever	<i>MEFV</i> mutation	Inflammasome overactivation and/or high IL-1 $\beta$ production	Diverse
CAPS	<i>NLRP3</i> mutation	Inflammasome overactivation and/or high IL-1 $\beta$ production	AA amyloidosis
Hyper-IgD syndrome	<i>MVK</i> mutation	Inflammasome overactivation and/or high IL-1 $\beta$ production	AA amyloidosis
TRAPS	<i>TNFRSF1A</i> mutation	TNF pathway overactivation	AA amyloidosis
C3GN	FHR fusion proteins	Complement (alternative pathway) overactivation	C3GN
<b>Monoclonal gammopathy-related GN</b>			
Proliferative GN with monoclonal immunoglobulin deposition, monoclonal immunoglobulin deposition disease	Somatic mutation of immunoglobulin-producing B or plasma cells	Immunoglobulin or immunoglobulin component deposition	Proliferative GN with monoclonal immunoglobulin deposition
AL amyloidosis	Somatic mutation of immunoglobulin-producing B cells or plasma cells	$\beta$ -Sheet fibril deposition	Glomerular deposits of monotypic amyloid
Monotypic fibrillary GN	Somatic mutation of immunoglobulin-producing B cells or plasma cells	Fibril deposition	Glomerular deposits of monotypic fibrils
Crystalloglobulin GN	Somatic mutation of immunoglobulin-producing B cells or plasma cells	Crystal deposition	Glomerular cells with monotypic crystals



**Table 3 (continued) | Categories of glomerulonephritis and examples of their subtypes**

GN subtype	Underlying cause	Pathological mechanism	Kidney biopsy lesion pattern
Immunotactoid GN, cryoglobulinaemia I/III	Somatic mutation of immunoglobulin-producing B cells or plasma cells	Microtubule deposition	Vascular deposits of monotypic IgG
C3GN, thrombotic microangiopathy	Somatic mutation of immunoglobulin-producing B cells or plasma cells	Diverse; complement activation	Glomerular thrombotic microangiopathy with monotypic deposits

ANCA, antineutrophil cytoplasmic antibody; CAPS, cryopyrin-associated periodic syndrome; C3GN, complement factor C3 glomerulonephritis; dsDNA, double-stranded DNA; EBV, Epstein–Barr virus; FHR, complement factor H-related protein; FSGS, focal segmental glomerulosclerosis; GBM, glomerular basement membrane; Gd IgA1, galactose-deficient IgA1; GN, glomerulonephritis; GPA, granulomatosis with polyangiitis; HBV, hepatitis B virus; HCV, hepatitis C virus; HTRA1, human high temperature requirement A1; MPA, microscopic polyangiitis; MPO, myeloperoxidase; NELL1, NEL-like protein 1; NET, neutrophil extracellular trap; PCDH7, protocadherin 7; PLA2R, phospholipase A2 receptor; PR3, proteinase 3; RF, rheumatoid factor; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; TNF, tumour necrosis factor; TRAPS, tumour necrosis factor receptor-associated periodic syndrome; TSHD7A, thrombospondin type 1 domain-containing protein 7A.

of sulfilimine crosslinks in collagen IV (refs. <sup>80,81</sup>). Indeed, peroxidase antibodies reduce peroxidase activity before anti-GBM IgG production and the onset of GN, probably by exposing the cryptic B cell  $\alpha 3$ (IV) NC1 epitope<sup>81</sup>. In addition, individuals expressing HLA-DR15 serotypes present the immunodominant  $\alpha 3$ (IV)NC1 peptide in a way that thymic selection results in the generation of conventional  $\alpha 3$ (IV)NC1 peptide-specific CD4<sup>+</sup> T cells that can potentially target self-tissues. However, the same peptide adopts a different structural confirmation when bound to HLA-DR1 and preferentially selects thymus-derived antigen-specific regulatory T cells that dominantly protect from loss of tolerance in mice and in human in vitro assays<sup>65</sup>.

Finally, autoimmune GN involving podocytes as the sole target structure induces lesion patterns of either membranous nephropathy (targeting antigens localized at podocyte surfaces) or minimal change disease and focal segmental glomerulosclerosis (targeting filtration slit antigen) and has no extrarenal manifestations. Podocytes localize to the outside of glomerular capillaries, a site that is not accessible to intravascular immune cells under normal conditions (Fig. 3), which may limit the effectiveness of peripheral tolerogenic mechanisms. Indeed, a surprising spectrum of antigens are involved in autoimmune podocytopathies, including the podocyte proteins M-type PLA2R<sup>82</sup> and thrombospondin type 1 domain-containing protein 7A<sup>83</sup>, as well as the extrarenal proteins semaphorin 3B<sup>19</sup>, protocadherin 7 (ref. <sup>84</sup>), human high temperature requirement A1 (ref. <sup>85</sup>), contactin 1 (ref. <sup>86</sup>), netrin G1 (ref. <sup>87</sup>) and NEL-like protein 1 (ref. <sup>88</sup>) (Table 3). Antibody binding to these antigens at the podocyte–GBM interface is followed by in situ immune complex formation and complement-driven podocyte injury along the outer aspect of the GBM. Autoimmunity to PLA2R is the most common autoimmune podocytopathy, and genome-wide association studies document unusual variants at a locus in proximity to the gene encoding PLA2R as a potential factor in the loss of tolerance to this podocyte antigen<sup>62</sup>. By contrast, autoantibodies binding to components of the slit diaphragm between podocyte foot processes appear as tiny dust-like IgG deposits that are detectable only on frozen sections by confocal microscopy<sup>89</sup>. As the resulting podocyte foot process effacement is not visible by standard microscopy, this variant of autoimmune GN has been referred to as ‘minimal change disease’<sup>8</sup>. Indeed, autoimmune podocytopathies are not characterized by immune cell infiltrates due to their antigens being in a relatively immune privileged location to which leukocytes do not have ready access.

## Immunopathology

Glomerular injury in immune complex GN occurs upon activation of Fc receptors on resident cells or infiltrating immune cells, as well as upon activation of the classical complement pathway<sup>90</sup>. In addition, the lectin

complement pathways can be involved<sup>91</sup>; for example, in membranous GN associated with glomerular deposits of anti-PLA2R IgG4 (ref. <sup>92</sup>). In patients with anti-PLA2R GN and genetic deficiency of mannan-binding lectin, activation of the alternative pathway predominates<sup>93</sup>. Subendothelial immune complex deposits first activate endothelial cells, triggering endocapillary lesions. Entrapment of immune complexes in the mesangium leads to mesangioproliferative or membranoproliferative lesions. These glomerular compartments are also accessible to leukocytes; hence, antagonists of pro-inflammatory chemokines, such as CC-chemokine ligand 2, and their chemokine receptors can attenuate such lesions<sup>94</sup>.

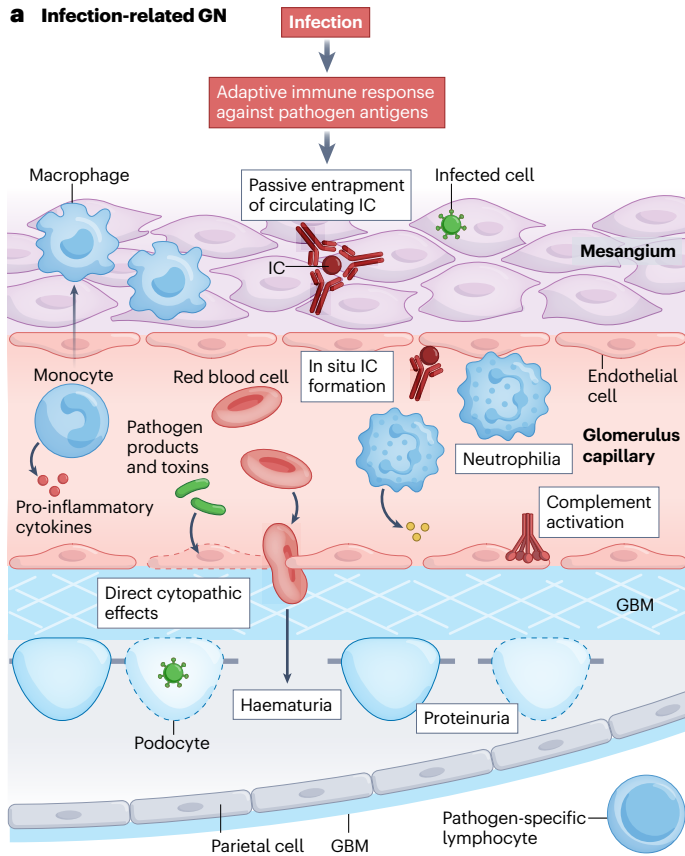
The specialized nature of the glomerular capillaries influences effector T cell functions within the glomerulus. CD4<sup>+</sup> T cells migrate within capillaries<sup>95</sup>, but in healthy conditions or in the early stages of disease they do not extravasate inside the glomerulus. Studies using model antigens have demonstrated that the distribution of the antigen within the glomerulus is an important determinant of the pattern of injury. When the antigen is present on the endothelial side of the GBM (or in the GBM itself), both T helper 1 (T<sub>H</sub>1) cells and T<sub>H</sub>17 cells induce antigen-specific endocapillary injury<sup>95–97</sup>. Unusually, in this setting antigens can be presented within glomerular capillaries by intravascular monocytes to effector CD4<sup>+</sup> T cells<sup>95</sup>. Thus, in autoimmune GN and infection-related GN, endocapillary antigens result in proliferative GN that can progress rapidly. When T cells accumulate around the Bowman capsule, the capsule itself serves as a niche for the cells of the glomerular tuft that protects them from cytotoxic CD8<sup>+</sup> T cells, at least until there is concurrent significant glomerular endothelial injury<sup>98</sup>. Kidney-resident memory T<sub>H</sub>17 cells, generated following infection of the kidney, can be reactivated during subsequent GN by local pro-inflammatory cytokines and can exacerbate GN through the production of IL-17A in an antigen-independent manner<sup>99</sup>. Incident infections also exacerbate pre-existing GN, for example via circulating pathogen-associated molecular patterns that activate Toll-like receptors and other pattern recognition receptors in macrophage infiltrates, which accelerates glomerular inflammation and injury<sup>100,101</sup>. Bacterial lipopeptides specifically injure the glomerular filtration apparatus by activating Toll-like receptors 2 and 4 on glomerular endothelial cells and podocytes<sup>102</sup>.

## Targets for immunotherapy

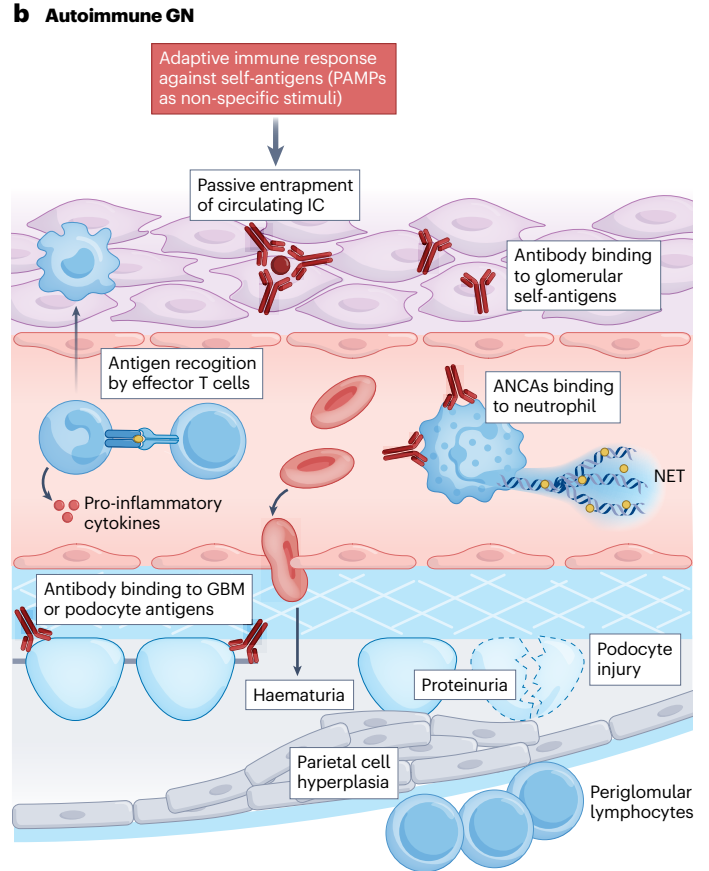
In types of autoimmune GN with acute and irreversible kidney injury caused by circulating antibodies, plasma exchange or treatment with the endopeptidase imlifidase is used to quickly remove nephritogenic antibodies<sup>103,104</sup> (Fig. 4). Glucocorticoids are still in use to control autoimmune GN activity, but their nonspecific mechanism of action and

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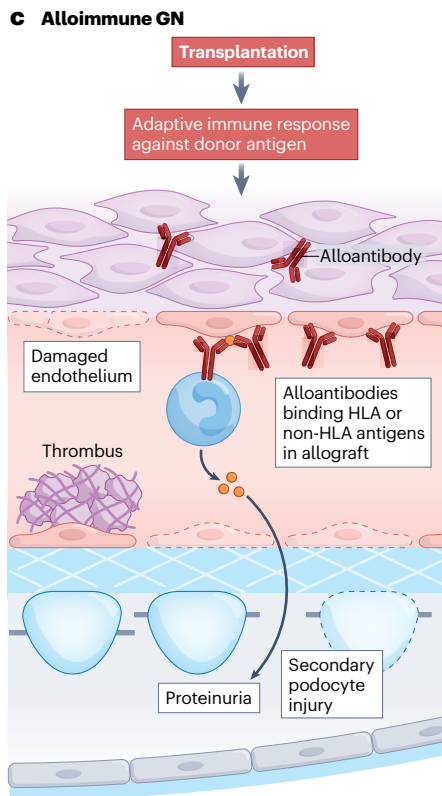
## a Infection-related GN



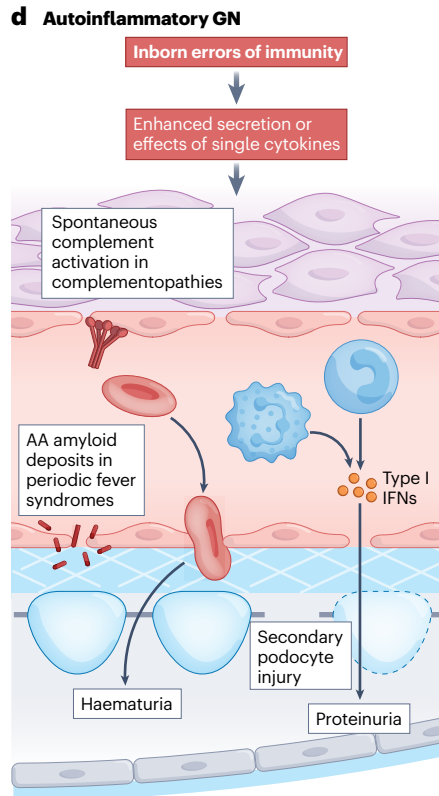
## b Autoimmune GN



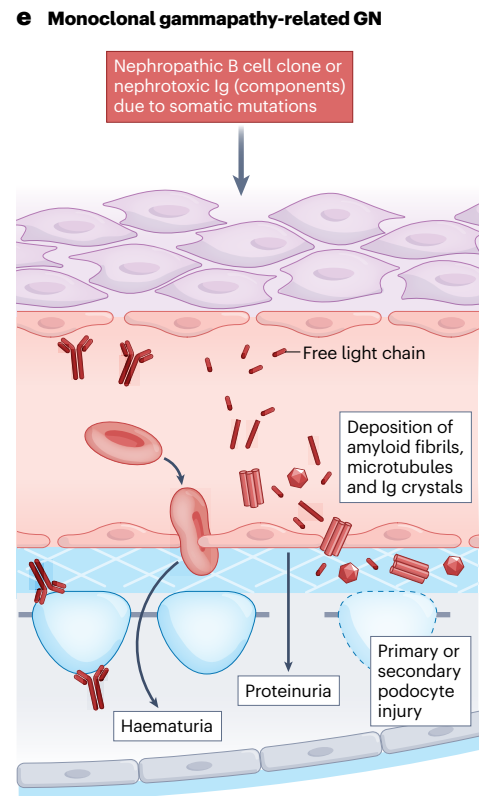
## c Alloimmune GN



## d Autoinflammatory GN



## e Monoclonal gammopathy-related GN



**Fig. 3 | Simplified schematic of the pathogenesis of the five categories of glomerulonephritis.** Glomerulonephritis (GN) comprises a group of immune-mediated disorders with the involvement of different innate and adaptive immune pathways in glomerular injury. **a**, Infection-related GN is triggered by pathogens or pathogen-associated molecular patterns (PAMPs) that elicit host defence mechanisms, which may affect the kidney in various ways as indicated. Circulating immune complexes (ICs) can become trapped in the mesangium or they can form in situ in the subendothelial space, where they can trigger complement activation. In addition, some pathogens have direct cytopathic effects, precipitating glomerular filtration barrier impairments. **b**, Autoimmune GN involves loss of tolerance to self-antigens in glomerular cells but frequently also to extrarenal antigens, which localize to the kidney or affect the kidney in other ways. Memory T cells in lymphoid tissues and long-lived plasma cells in the bone marrow maintain chronic autoimmunity. Infections can

trigger flares of autoimmune GN via a nonspecific activation of autoreactive lymphocyte clones. **c**, Alloimmune GN can occur following transplantation and is associated with the development of donor-specific antibodies to HLA and non-HLA antigens of the graft and can lead to thrombotic microangiopathy and endothelial damage. **d**, Genetic variants in genes encoding cytokine pathways or regulatory elements of the complement cascade cause autoinflammatory disorders, some of which cause GN. Mechanisms of kidney pathology include spontaneous complement activation in complementopathies and AA amyloid deposits in periodic fever syndromes. **e**, Monoclonal gammopathy-related GN develops from somatic mutations in B cell clones or plasma cell clones that produce immunoglobulins or immunoglobulin components with nephrotoxic properties. These reach the glomerulus via the circulation. ANCA, antineutrophil cytoplasmic antibody; GBM, glomerular basement membrane; NET, neutrophil extracellular trap.

metabolic side effects compromise their safety profile; hence, glucocorticoid replacement is a key goal for GN immunotherapy (Table 4 and Fig. 4). For example, intestinal-release capsules of the glucocorticoid budesonide limits the release of aberrantly glycosylated IgA from Peyer patches in the intestinal wall of patients with IgA nephropathy and shows less systemic steroid toxicity<sup>105</sup>.

Potential targets of immunotherapy for autoimmune GN include cells of the adaptive immune system and molecules involved in antigen presentation and recognition, for example using B cell-directed therapies and co-stimulation blockers, acting primarily inside lymphoid organs (Fig. 4). Belimumab, a monoclonal antibody to B cell activating factor, is approved for the treatment of lupus nephritis, and rituximab, a monoclonal antibody to CD20, is approved for the treatment of ANCA GN and is also broadly used as a steroid-sparing agent in autoimmune podocytopathies. Other B cell targets are under evaluation (for example, APRIL and TACI). Cathepsin S inhibition can attenuate autoimmune GN by suppressing MHC class II-mediated CD4<sup>+</sup> T cell and B cell priming<sup>106</sup>. Another group of drugs targets the maturation, activation, proliferation and survival of autoreactive lymphocyte clones; for example, mycophenolate mofetil, azathioprine, cyclophosphamide, calcineurin inhibitors, anti-IL-23, anti-IL-17A and anti-CD40 ligand. Calcineurin inhibitors combine the T cell-directed immunosuppressive effect with a stabilization of the podocyte actin cytoskeleton, which generates strong antiproteinuric effects in addition to suppressing T cell function, for example in lupus nephritis<sup>107,108</sup> (Fig. 4). The first reports support the efficacy of chimeric antigen receptor T cell therapy directed against CD19<sup>+</sup> B cells and of a monoclonal antibody to CD38 (daratumumab) for targeting long-lived plasma cells in lupus nephritis<sup>109,110</sup>.

In addition, overwhelming preclinical evidence supports the role of innate immune pathways in autoimmune GN. For example, mice deficient in Toll-like receptors, complement factors C3, C5 and C5aR, adhesion molecules, pro-inflammatory chemokines and their receptors, or T<sub>H</sub>1-type, T<sub>H</sub>2-type and T<sub>H</sub>17-type cytokines are generally protected from immunopathology in GN models<sup>111</sup>. Therefore, complement inhibitors could possibly replace glucocorticoids for the control of glomerular inflammation. Indeed, the C5aR inhibitor avacopan is now used to minimize steroid use in active ANCA GN<sup>74</sup>, because this anaphylatoxin antagonist can quickly suppress glomerular inflammation and injury. Numerous other antibody-based or small interfering RNA-based complement inhibitors are currently under study (Table 4). By contrast, despite robust preclinical evidence, IFNAR1 blockade failed to control proteinuria in active lupus nephritis<sup>112</sup>.

## Alloimmune GN

### Risk factors and epidemiology

Glomerular injury can occur in recipients of any type of transplant, but it is most common in kidney transplant recipients. HLA mismatch and the presence of anti-HLA alloantibodies (donor-specific antibodies) are risk factors for alloimmune GN<sup>113</sup>. Chronic rejection mediated by alloimmunity resulting in chronic transplant glomerulopathy is a significant cause of graft loss, although acute antibody-mediated rejection can also involve the glomerulus.

A less common type of alloimmune response develops in those who have received a kidney transplant for a genetic deficiency of a specific protein (for example, one of the chains of type IV collagen or the podocyte-specific protein nephrin) that has led to kidney failure. The subsequent transplantation of a genetically intact kidney results in alloimmunity to the 'non-self' protein present in the graft<sup>114</sup>. Autoimmune glomerular disease can recur in the transplanted kidney (for example, autoimmune IgA nephropathy) despite immunosuppression prescribed to limit allogeneic responses<sup>114</sup>. Lastly, de novo glomerular disease can occur in kidney transplants and in allogeneic stem cell recipients who develop graft-versus-host disease (GVHD)<sup>115</sup>.

### Immunopathogenesis and immunopathology

In kidney transplantation, donor reactivity to recipient HLA molecules of the graft is detectable as donor-specific antibodies in the blood that initially induce microvascular inflammation, often with the participation of complement and innate immune cells, in the form of acute glomerulitis<sup>113</sup> (Fig. 3). The kidney graft is selectively impacted as it is only the transplanted tissue that expresses the allogeneic HLA molecules. Glomerular endothelial cells are most commonly affected by anti-HLA antibodies, although mesangial cells and to a lesser extent podocytes can be targeted. Active acute antibody-mediated rejection can exhibit various features, including immune cell infiltrates and leukocytes within glomerular capillaries, thrombotic microangiopathy, necrosis, endothelial and mesangial cell swelling, capillary occlusion and C4d deposition<sup>116</sup>. Acute glomerulitis due to antibody-mediated rejection can progress to transplant glomerulopathy, which is characterized by persistent or recurrent glomerular endothelial cell injury and GBM duplication usually in the absence of immune complex deposits despite the involvement of anti-HLA alloantibodies or other antibodies<sup>113,116</sup>. As in other glomerular diseases, chronic inflammation leads to glomerulosclerosis. In some patients, donor-specific antibodies targeting HLA class II may be more important than anti-HLA class I antibodies<sup>117</sup>. Pre-existing donor-specific antibodies

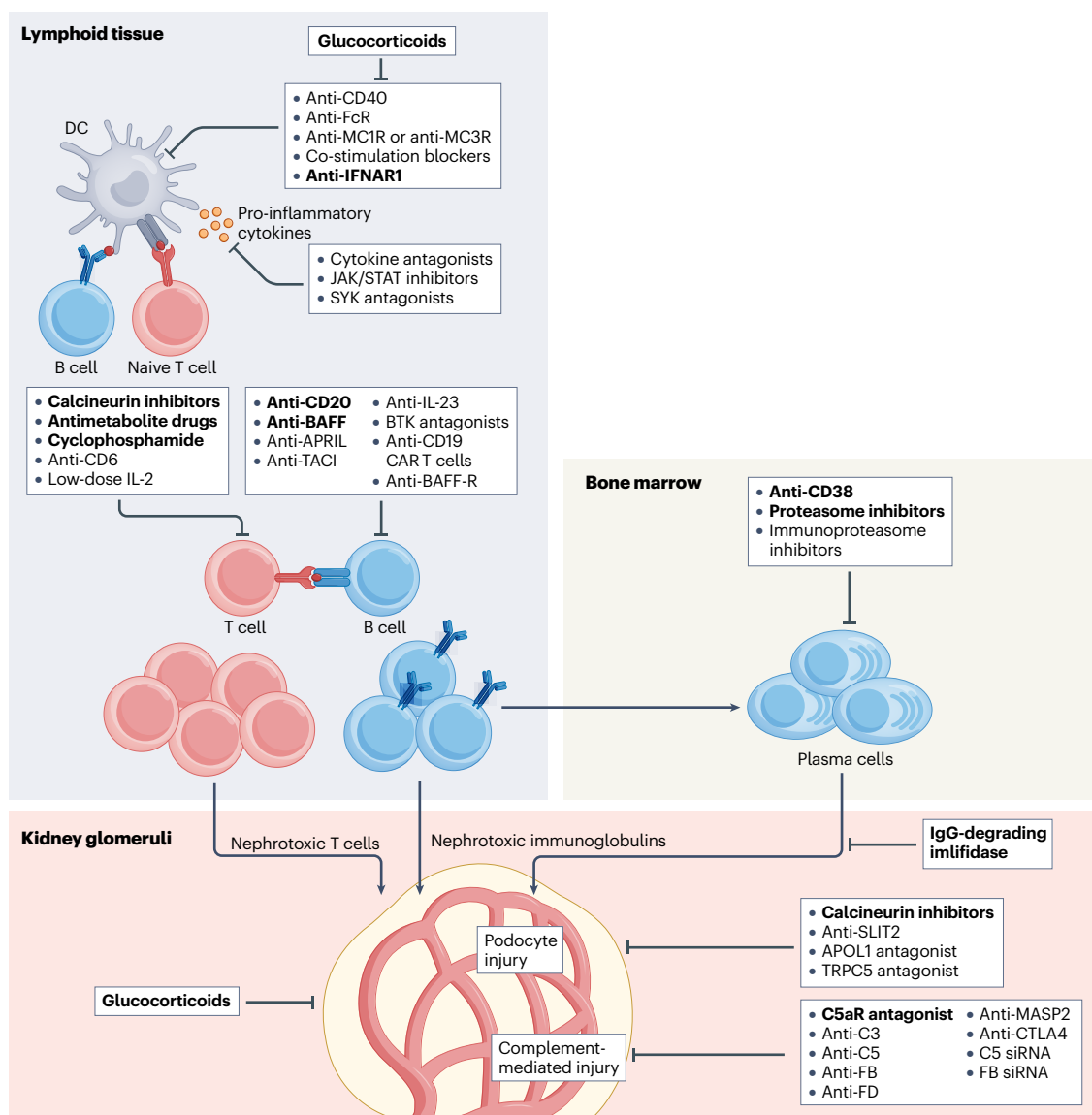
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at transplantation are likely to induce antibody-mediated rejection in glomeruli, but de novo donor-specific antibodies are important in many patients.

Besides anti-HLA antibodies, antibodies to self-antigens can develop, including antibodies to glomerular matrix proteins and endothelial cell antigens, in patients with transplant glomerulopathy<sup>118</sup>. Some of these autoantigens are cryptic and are released by the obligate ischaemia–reperfusion injury occurring in kidney transplantation. Antibody-mediated mechanisms of injury are often

critical in transplant glomerulopathy, but in some circumstances, particularly in the absence of detectable anti-HLA antibodies and glomerular C4d deposition, other cellular effectors (for example, natural killer cells<sup>119</sup>) participate in injury independently of humoral effectors<sup>120</sup>.

Other immunological processes can result in glomerular injury in the transplanted kidney. Uncommonly, immunosuppressive agents, specifically calcineurin inhibitors, trigger glomerular endothelial injury and thrombotic microangiopathy in the graft<sup>121</sup>. In patients with



**Fig. 4 | Primary site of action for drugs in use or in the pipeline for glomerulonephritis.** Most immunosuppressive drugs primarily act inside lymphoid organs, whereas complement inhibitors and calcineurin inhibitors directly act at the site of glomerular injury. Steroids (glucocorticoids) suppress local inflammation in the kidney as well as adaptive immunity in lymphoid organs. Imlifidase degrades IgG in the circulatory system but possibly also IgG deposits inside the kidney. Drugs in use are shown in bold. APOL1, apolipoprotein L1; APRIL, a proliferation-inducing ligand; BAFF, B cell activating factor; BTK,

Bruton's tyrosine kinase; C5aR, C5a receptor; CAR, chimeric antigen receptor; CTLA4, cytotoxic T lymphocyte-associated protein 4; DC, dendritic cell; FB, factor B; FcR, Fc receptor; FD, factor D; IFNAR1, type I interferon receptor; JAK, Janus kinase; MASP2, mannan-binding lectin serine protease 2; MC1R, melanocortin 1 receptor; MC3R, melanocortin 3 receptor; siRNA, small interfering RNA; SLIT2, Slit homologue 2 protein; STAT, signal transducer and activator of transcription; TAC1, transmembrane activator and CAML interactor; TRPC5, transient receptor potential cation channel subfamily C member 5.

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**Table 4 | Pipeline of drug development for glomerulonephritis**

Subtype of GN	Molecular target	Compound	Trial phase	ClinicalTrials.gov identifier
<b>Autoimmune GN</b>				
MN	CD20	Obinutuzumab	II	NCT05050214
LN	CD20	Obinutuzumab	III	NCT04221477
IgAN	CD38	Mezagitamab	I	NCT05174221
MN	CD38	Felzartamab	II	NCT04733040
LN	BAFFR	Ianalumab/VAY736	III	NCT05126277
MN	BAFF	Belimumab	II	NCT03949855
IgAN	BAFF/APRIL	Atacept	II	NCT04716231
IgAN	APRIL	VIS649	II	NCT04287985
IgAN	APRIL	BION-1301	II	NCT04684745
LN	CD6	Itolizumab	I	NCT04128579
LN	CD40	BI 655064	II	NCT03385564
LN	CD40	Iscalimab	II	NCT03610516
IgAN	CD40	AT-1501	II	NCT05125068
LN	Fc receptor	Nipocalimab	II	NCT04883619
C3GN, IC-MPGN	C3	Pegcetacoplan	III	NCT05067127
IgAN, C3GN	C3	ARO-C3	I/II	NCT05083364
C3GN, LN	C5	Ravulizumab	II	NCT04564339
IgAN	C5	Cemdisiran (RNAi)	II	NCT03841448
C3GN	C5aR	Avacopan	II	NCT03301467
IgAN	Factor B	IONIS-FB-LRx (RNAi)	II	NCT04014335
IgAN, C3GN, MN	Factor B	Iptacopan	III	NCT04817618
IgAN, LN	Factor D	ALXN2050/ACH-5228	II	NCT05097989
C3GN	Factor D	Danicopan	II	NCT03459443
IgAN, C3GN, MN	Factor D	BCX9930	II	NCT05162066
IgAN, C3GN, MN, LN	MASP2	Narsoplimab	III	NCT02682407
MN	MC1R/MCR3	AP1189	II	NCT04456816
LN	IFNAR1	Anifrolumab	III	NCT05138133
LN	IL-17A	SHR-1314	II	NCT04924296
LN	IL-17A	Secukinumab	III	NCT04181762
LN	IL-17A	Vunakizumab	II	NCT05097989
LN	IL-23 (p19)	Guselkumab	II	NCT04376827
LN	JAK1	Filgotinib	II	NCT03285711
LN	SYK	GS-9876	II	NCT03285711
LN	Immunoproteasome	KZR-616	I/II	NCT03393013
Alloimmune GN	Corticotropin	Acthar	II	NCT02546492
<b>Autoinflammatory GN</b>				
C3GN	C3	ARO-C3	I/II	NCT05083364
C3GN	C3	Pegcetacoplan	III	NCT04572854
C3GN	C5aR	Avacopan	II	NCT03301467
C3GN	Factor B	Iptacopan	III	NCT04817618
C3GN	Factor D	Danicopan	II	NCT03459443
C3GN	MASP2	Narsoplimab	II	NCT02682407

**Table 4 (continued) | Pipeline of drug development for glomerulonephritis**

Subtype of GN	Molecular target	Compound	Trial phase	ClinicalTrials.gov identifier
<b>Monoclonal gammopathy-related GN</b>				
AL amyloidosis	CD38	Isatuximab	II	NCT04614558
AL amyloidosis	CD38	Daratumumab	I/II	NCT02841033
AL amyloidosis	CD38	Daratumumab	III	NCT03201965
AL amyloidosis	Proteasome	Bortezomib	III	NCT01078454
AL amyloidosis	?	Pomalidomide	I/II	NCT01570387
PGNMID	CD38	Daratumumab	II	NCT03095118
MIDD	Proteasome	Bortezomib	NA	NCT01383759
Myeloma cast nephropathy	Proteasome	Bortezomib ± CYC	III	NCT01208818
<b>Glomerular scarring (CKD)</b>				
FSGS	CTLA4	Abatacept	II	NCT02592798
FSGS	NRF2	Bardoxolone	II	NCT03366337
FSGS	SLIT2	PF-06730512	II	NCT03448692
FSGS	APOL1	VX-147	II	NCT04340362
FSGS	TRPC5	GFB-887	II	NCT04387448
CKD	Recombinant kallikrein	DM199	II	NCT04123613
CKD	Fibrokinase	ANG-3070	II	NCT04939116
FSGS	ARB/endothelin 1	Sparsentan	III	NCT04663204
FSGS	ET <sub>A</sub> receptor	Atrasentan	III	NCT04573920
FSGS	ARB+CCR2 inhibitor	DMX-200	III	NCT05183646
CKD	SGLT2	Empagliflozin	III	NCT03594110

ARB, angiotensin receptor blocker; APOL1, apolipoprotein L1; APRIL, a proliferation-inducing ligand; BAFF, B cell activating factor; C5aR, C5a receptor; C3GN, complement factor C3 glomerulonephritis; CCR2, CC-chemokine receptor 2; CKD, chronic kidney disease; CTLA4, cytotoxic T lymphocyte-associated protein 4; CYC, cyclophosphamide; FSGS, focal segmental glomerulosclerosis; GN, glomerulonephritis; IC-MPGN, immune complex membranoproliferative glomerulonephritis; IFNAR1, type I interferon receptor; IgAN, IgA nephropathy; JAK1, Janus kinase 1; LN, lupus nephritis; MASP2, mannan-binding lectin serine protease 2; MC1R, melanocortin 1 receptor; MIDD, monoclonal immunoglobulin deposition disease; MN, membranous nephropathy; NA, not applicable; NRF2, nuclear factor erythroid 2-related factor 2; PGNMID, proliferative glomerulonephritis with monoclonal immunoglobulin deposits; SGLT2, sodium-glucose transporter 2; SLIT2, Slit homologue 2 protein; TRPC5, transient receptor potential cation channel subfamily C member 5.

genetic kidney disease who lack tolerance to an absent or aberrant glomerular protein, implantation of a non-mutated kidney results in processing and presentation of a normal protein as an apparent foreign antigen, followed by an adaptive immune response (for example, alloantibody deposition in the glomerulus via in situ immune complex formation). Although the immunopathogenesis of GVHD affecting the native kidneys remains unclear, observations in humans and rodent models of GVHD suggest several different patterns of injury and implicate a variety of immune mediators<sup>115</sup>. Glomerular lesions reported in GVHD include subepithelial deposits representing immune complex deposition or in situ immune complex formation<sup>122</sup>. However, patterns of injury are variable, reflecting not only the variable participation of immune responses but also the involvement of non-immune mediators or endothelial and mesangial injury. At a molecular level, data from animal models early in GVHD implicate antigen-presenting genes and the T cell chemoattractants CXC-chemokine ligands 9 and 11, with corresponding T cell infiltrates<sup>123</sup>. In humans, urinary levels of IL-6, IL-15 and CC-chemokine ligand 2 were associated with the risk of developing proteinuric kidney injury after bone marrow transplantation<sup>124</sup>. Membranous nephropathy, usually autoimmune in nature, can occur after allogeneic stem cell transplantation, and antibodies to protocadherin FAT1, as well as the FAT1 protein itself, have been detected in the kidney in this setting<sup>125</sup>.

## Targets for immunotherapy

The management options for alloimmune GN focus on intensifying immunosuppression or adding intravenous immunoglobulin, with or without plasma exchange<sup>126</sup>. Therapies that induce immunological tolerance and those that more selectively target adaptive immunity, particularly humoral immunity, are likely to be useful (Table 4).

## Autoinflammatory GN

Autoinflammatory GN disorders originate from inborn errors of innate immunity<sup>127</sup>. Only genetic testing can clarify the ultimate molecular diagnosis of an autoinflammatory GN (Table 2).

## Immunopathology

Genetic abnormalities underlying overactivation of the alternative complement pathway are observed in 25% of patients with C3GN<sup>78,128</sup> – that is, glomerular complement deposition without immunoglobulin deposits<sup>77</sup>. Such pathogenic variants in *C3*, *CFB*, *CFH*, *CFI*, *DGKE* and *CFHR5* lower the threshold for spontaneous or induced C3 convertase activity<sup>129</sup>, possibly triggered by infections. Genomic rearrangements involving *CFHR* genes can also be identified<sup>130</sup>. Autoimmune GN and monoclonal gammopathy-related C3GN have a similar histological appearance but their respective immunopathogenesis warrants different treatments.

## Glossary

### Apolipoprotein L1 (APOL1) risk alleles

Genetic risk factors prevalent in people of West African ancestry that, in homozygosity or compound heterozygosity, lower the threshold for podocyte loss and faster progression towards end-stage kidney disease, especially in diseases involving type I interferon signalling.

### Bowman capsule

The outer capsule of the glomerular part of the nephron, which continues from the urinary pole to the tubular basement membrane. Fluids filtered from the blood in the glomerulus are drained into tubules along the Bowman capsule.

### Cryoglobulins

Autoantibodies (directed against IgG) that form immune complexes and cause small vessel vasculitis. They precipitate at low temperatures, which can be used as a diagnostic test.

### Glomerular filtration barrier

A semipermeable membrane in nephrons that is localized in a vascular network inside the glomerular tuft. The filtration barrier encompasses, from the inside to the outside, the endothelial glycocalyx, glomerular endothelial cells, glomerular basement membrane and visceral epithelial cells (podocytes).

### Glomerulus

The corpuscular part of the nephron encompassing the glomerular tuft, which is a capillary network formed by arterioles. Each glomerulus has a single afferent arteriole and a single efferent arteriole entering and leaving the glomerulus at the vascular pole. To direct the filtrate towards the draining tubule, the Bowman capsule surrounds the glomerular tuft and represents the outer border of the glomerulus.

### Glomerulosclerosis

Irreversible glomerular scarring leading to waning of filtration. Usually, podocyte loss is the starting point for glomerulosclerosis.

### Haematuria

The presence of blood in the urine, a consequence of vascular injury, for example rupture of the glomerular basement membrane in glomerulonephritis, due to complement activation or local release of proteolytic enzymes. Nephritic syndrome is manifested as haematuria and proteinuria, often with hypertension and impaired kidney function, and is a common clinical presentation of glomerulonephritis.

### Mesangium

A component of the glomerulus formed of smooth muscle cell-like or pericyte-like mesenchymal cells in between the glomerular capillary network. Glomerular endothelial cell dysfunction during local or systemic inflammation promotes the passage and entrapment of plasma proteins in the mesangium, which activates or injures mesangial cells.

### Nephrons

Independent functional units of the kidney. The sum of all nephrons defines kidney function. Nephron number is set at birth and declines with ageing. Injury-related nephron loss induces compensatory hypertrophy of the remaining nephrons to meet the unchanged haemodynamic and metabolic demands. This adaptive capacity differs across species and is much lower in humans than in rodents, which represents a hurdle in translational research.

### Nephrotic syndrome

Massive loss of plasma proteins into the urine due to diffuse podocyte injury. The clinical definition includes a massive proteinuria, hypoalbuminaemia (urinary losses exceed plasma protein production by the liver), hyperlipidaemia (compensatory increase in lipoprotein production, lipase dysfunction) and oedema (retention of sodium by the diseased kidney). Urinary losses of IgG and coagulation inhibitors can cause life-threatening secondary immunodeficiency and thromboembolism.

### Parietal epithelial cells

Epithelial cells lining the inner aspect of the Bowman capsule. Parietal cells are usually a relatively quiescent lining, but severe glomerulonephritis-related leakage of plasma proteins can drive local hyperplasia (as glomerular crescent formation). The parietal epithelial cell monolayer hosts immature progenitors with a dedicated capacity to differentiate and replace lost podocytes on the glomerular tuft.

### Plasma exchange

A therapeutic modality used to eliminate circulating pathogenic agents via an extracorporeal circulation, separation of plasma proteins (for example, by ultrafiltration of serum proteins or by columns that bind and retain specific proteins) and reinfusion of the remainder.

### Podocytes

Cells comprising the epithelial layer on the outside of the glomerular capillaries and gatekeepers of protein selectivity of the glomerular filter. Selective podocyte injury is the central pathological mechanism of 'podocytopathies' presenting as nephrotic syndrome. Podocytopathies can be genetic, immunological, metabolic, monoclonal gammopathy related or shear stress related, presenting as nephrotic syndrome.

### Proteinuria

Excessive protein in the urine, a urinary biomarker of glomerular dysfunction or podocyte dysfunction when albumin is the predominating urinary protein. Other plasma proteins prevail in tubular or overflow types of proteinuria. Albuminuria is a general biomarker of systemic endothelial dysfunction, for example, in sepsis.

### Thrombotic microangiopathy

A lesion pattern characterized by immunothrombosis in arterioles, capillaries and venules and frequently caused by humoral or toxic triggers of endothelial injury, including antiphospholipid antibodies or inherited and acquired dysregulation of the complement cascade.

Genetic overactivation of Toll-like receptor 7 or direct overproduction of type I interferons induces a persistent antiviral immunity-like systemic inflammation, which may cause lupus-like immune complex GN<sup>17,131,132</sup>. Local effects of type I interferons promote podocytopathy-like lesions because type I interferons drive programmed cell death<sup>17,47</sup>. Accordingly, long-term exposure to type I interferons, such as during treatment for relapsing–remitting multiple sclerosis, can induce similar kidney lesions<sup>133</sup>.

Monogenic disorders of the NLRP3 inflammasome, pro-inflammatory cytokines or their receptors lead to spontaneous and persistent systemic and local tissue inflammation<sup>127</sup> (Table 3). Usually, the kidney is only

indirectly affected by AA amyloidosis, a glomerular deposition of  $\beta$ -fibrils of the acute phase protein serum amyloid A, which is constantly released by the liver in patients with hereditary fever syndromes<sup>134</sup>. The accumulating deposits interfere with the normal filtration process and trigger nonspecific local inflammation and glomerular cell injury, promoting an increasing degree of proteinuria and kidney failure over time.

### Targets for immunotherapy

The selective overexpression of a single cytokine means that people with autoinflammatory GN are likely to respond to highly selective immunotherapies (Table 4), such as TNF blockers for TNF receptor-associated

periodic syndrome, IL-1 blockers for cryopyrin-associated autoinflammatory syndromes<sup>130,135</sup>, interferon blockers for interferonopathies<sup>132</sup> and complement inhibitors for hereditary C3GN<sup>77,136</sup>.

## Monoclonal gammopathy-related GN

### Risk factors and immunopathology

The production of nephrotoxic monoclonal immunoglobulins is the hallmark of monoclonal gammopathy-related GN<sup>137</sup> (Table 3 and Fig. 3). Monoclonal immunoglobulins deposit as intact immunoglobulin or as fragments, for example in light chain deposition disease or immunoglobulin heavy chain amyloidosis. Such deposits can have various ultrastructural characteristics<sup>138</sup>. They can be amorphous (in monoclonal immunoglobulin deposition disease and proliferative GN with monoclonal immunoglobulin deposits) or organized, such as  $\beta$ -sheet amyloid fibrils (in amyloidosis) and microtubules (in immunotactoid glomerulopathy), or can form cryoglobulins (in cryoglobulin-associated GN) and microcrystals (in crystalloglobulin GN). Indirect modes of injury occur when monoclonal immunoglobulins activate complement, resulting in C3GN or thrombotic microangiopathy<sup>139,140</sup>.

Although a minority of individuals with monoclonal gammopathy-related GN also have overt multiple myeloma or high-grade lymphoma per se requiring immediate treatment, the source of the monoclonal immunoglobulin in most cases is small B cell clones or plasma cell clones<sup>137</sup>. These small clones are collectively designated as 'monoclonal gammopathy of renal significance'<sup>141</sup> and are the result of non-malignant somatic mutations in B cell or plasma cell precursors<sup>64</sup>. Nevertheless, the nephrotoxic effect of such monoclonal immunoglobulins is the result of the primary amino acid sequence<sup>142–144</sup>.

The monoclonal immunoglobulin deposits detected by immunostaining are the most common and most important pathological histological finding in monoclonal gammopathy-related GN<sup>138</sup> (Fig. 2). Monotypic deposits are defined by  $\kappa$  or  $\lambda$  light chain restriction. In cases where the entire immunoglobulin is deposited, a heavy chain restriction (that is, IgG subclass) combined with light chain restriction strongly implies the deposits are monoclonal. Of note, heavy chain restriction by itself does not prove monoclonality unless it relates to a heavy chain disease such as AH amyloidosis or heavy chain deposition disease. Ultrastructural characteristics resolved by electron microscopy can help to distinguish one monoclonal gammopathy-related kidney disease from another (for example, fibrils in amyloidosis or microtubules in immunotactoid GN). Deposits of C3 with little immunoglobulin are seen in C3 glomerulopathy with monoclonal gammopathy. Finally, no immune deposits occur in monoclonal gammopathy-related thrombotic microangiopathy.

### Targets for immunotherapy

Elimination of the B cell clones or plasma cell clones in the bone marrow and lymphoid organs is the main goal to deplete the monoclonal immunoglobulin to halt kidney injury and to preserve kidney function (Fig. 4). Standard immunosuppressive therapies are insufficient to induce a beneficial haematological response, which is usually a greater than 90% reduction in the level of monoclonal immunoglobulin<sup>145–147</sup>. To accomplish this, clone-directed therapy is required (Table 4). Chemotherapy is used often combined with immunotherapy<sup>137,148</sup>. For example, CD20-expressing B cell clones can be depleted by anti-CD20 monoclonal antibodies such as rituximab, obinutuzumab or ofatumumab<sup>149</sup>. These can be used in combination with cyclophosphamide and corticosteroids. For plasma cell clones, anti-CD38 monoclonal antibodies such as daratumumab or isatuximab can be used alone or in combination

with other targeted therapies (such as cyclophosphamide, proteasome inhibitors or immunomodulatory drugs<sup>148</sup>) to achieve the necessary response<sup>150–153</sup>. High-dose therapy followed by stem cell transplantation is sometimes necessary to achieve a sufficient reduction<sup>154</sup>.

Proteasome inhibitors are a successful class of drugs against myeloma cells<sup>155</sup>, with three currently approved (bortezomib, carfilzomib and ixazomib)<sup>156</sup> (Fig. 4). They target the 20S unit of the proteasome, inhibiting the ubiquitin degradation pathway for proteins and activation of nuclear factor- $\kappa$ B<sup>157</sup>. However, as the 20S proteasome is ubiquitously expressed, proteasome inhibition has adverse effects. Immunoproteasomes, on the other hand, are predominantly expressed in lymphocytes and monocytes and are involved in cell-mediated immunity and production of MHC class II ligands during infections<sup>158</sup>. In addition, immunoproteasomes contribute to autoimmune diseases<sup>159</sup>. Theoretically, inhibition of immunoproteasomes should have fewer off-target side effects. Several immunoproteasome inhibitors have demonstrated promising *in vitro* results by targeting the large multifunctional peptidase 7 subunit<sup>160–162</sup>. Some immunoproteasome inhibitors may act synergistically with proteasome inhibitors<sup>156,157,163</sup>.

## Concluding remarks

The growing awareness of the immunopathogenesis of GN has revealed the limitations of lesion-based classifications in identifying the ultimate cause to select appropriate treatments. The recent improvements in immune phenotyping, including the detection of autoantibodies to specific glomerular antigens, different complement subunits and immune complexes by immunofluorescence of kidney biopsies, have increased its value for diagnosis (Box 1). In addition, more immunotherapies are becoming available (Table 4). Extended genetic testing, with next-generation sequencing, is another evolving diagnostic tool to ultimately define a molecular diagnosis (Box 1). Indeed, mutations in complement genes<sup>128</sup>, in Toll-like receptors<sup>131</sup> or in genes of the interferon pathways<sup>17</sup> can directly trigger different types of immune-related GN or favour the production of autoantibodies<sup>17,128,129,131</sup>. Kidney biopsy can in many situations assist in diagnosis and remains the gold standard to determine disease activity and chronicity. Activity and chronicity are relevant parameters in determining treatment intensity, and these indices integrate with treatments targeting non-immune mechanisms of chronic kidney disease progression. Novel urinary biomarkers of immunological GN activity can be used to monitor treatment responses and be validated against repeated kidney biopsies.

An intuitive pathophysiology-based classification will facilitate the management of these conditions. We propose that individuals with GN be described under three headings: firstly, as having one of the five types of GN discussed in this Review (infection-related GN, auto-immune GN, alloimmune GN, autoinflammatory GN and monoclonal gammopathy-related GN); secondly, by detailing the exact disease type on the basis of the pathogenesis; and, thirdly, on the basis of the features of the histological lesion, if a kidney biopsy has been performed.

Despite the challenges in defining the pathogenesis of the large number of individual GN diseases, there has been significant progress in understanding the fundamental basis of immune glomerular disease. However, our understanding of GN is incomplete and requires greater depth if we are to develop more targeted immunotherapies. Among the infection-related GN disorders, the contribution of genetic susceptibilities in primary immunodeficiency and acquired complementopathies (genetic or acquired disorders of the complement system) driving clinically relevant GN deserves further study. The plethora of novel autoantigens in autoimmune GN mandates further investigation, not only



to ensure accurate diagnostic tests are clinically available but also to determine the role of the related autoantibodies as biomarkers for diagnosis, disease activity and guidance of immunotherapy. In particular, the recently discovered anti-nephrin antibody-related podocytopathy is likely to have significant clinical implications<sup>89</sup>. Why alloimmune GN responds poorly to immunotherapy is not well understood. Prevention of priming of donor-specific antibodies early after transplantation is probably the key to preventing transplant glomerulopathy. Among autoinflammatory GN disorders, genotype–phenotype associations of the hereditary complementopathies encompass many unsolved questions. The wide spectrum of monoclonal gammopathy-related GN will benefit from plasma cell-targeted therapies under development.

GN requires an immunopathophysiology-based classification system to better connect with the growing number of available immunotherapy drugs. As GN comprises immune-mediated disorders, GN research needs more input from experts in immunology. Indeed, clinical immunologists may help to overcome traditional lesion-based concepts in this domain and improve the management of these important and at times difficult to treat diseases.

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## Author contributions

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